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### Shreyas Yoga Retreat

This destination spa near Bangalore offers immersive yoga retreats (in Ashtanga, Vinyasa, and Hatha styles), but with luxurious accommodations and amenities. Comfortable poolside cottages and tents set among the gardens on the property come equipped with private solariums and reading porches. Its Ayurvedic spa offers an extensive number of targeted treatments with the goal of restoring balance, harmony, and mental clarity.

*Courtesy Shreyas Yoga Retreat*



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