

# Emerald STREET



From the home of  
**STYLIST**

## EVER JUST WANTED THE SPACE TO THINK ABOUT SOMETHING NEW?

We're constantly interrupted and asked to keep several thousand plates spinning at once, so devoting two weeks to learning about just one topic sounds like absolute luxury. Quintessentially Travel has reported a 37% increase over the past year in the number of people wanting their holiday to be a mind, body and soul-enriching experience. Here is *Emerald Street's* pick of breaks that will expand your mind, as well as your horizons.



No multitasking needed at Shreyas (see below)

## Did you know?

One of the many perks of being an *Emerald Street* subscriber is being automatically entered into all our fabulous weekly prize draws.

## Earn extra chances to win

by sharing *Emerald Street* with your friends by using our fabulous new Facebook app!

 Share *Emerald Street*

REGISTER NOW TO WIN



A LUXURY SPA AND WINE HOLIDAY IN FRANCE FOR TWO PEOPLE worth £8,000!

Plus! This week: One of six sleek Xoom Smart Tablets from Motorola



## BEST FOR TOTAL WELLBEING

For total bliss in beautiful surroundings, book a retreat at [Shreyas](#) in Bangalore, India. Choose from personalised yoga instruction, meditation sessions, massages and gourmet vegetarian meals (from £714 per person for three nights).



## BEST FOR GASTRONOMES

[Tasting Places](#) runs cooking holidays in Italy, France, Spain and Thailand. There's a four-night course in Mairena, southern Spain, run by Sam Clark of London restaurant Moro (from £781), or create rustic cuisine surrounded by rolling hills in Tuscany (£1,950 per person for one week).



## BEST LANGUAGE HOLIDAY

Boost your body and your brain with a Spanish language and yoga course on Jaco Beach in Costa Rica with [Go Learn To](#). It's a one-week course with two hours of Spanish lessons and 90 minutes of yoga every day (from £301 per person).



**What they're saying about us!**

**"Has everyone signed up for their @EmeraldStreet mail? It's an inbox must-have!"**  
MADISONJHUGHES

**"Really loving @EmeraldStreet from @StylistMagazine but if they keep giving us all these yummy places to eat it's going to end a bit chubbly!"**  
SKETCHEVENTS

**"Follow @EmeraldStreet for daily Stylist updates... Genius, love it!"**  
ADELEBUYER

**"Girls, if you haven't already, get signed up to @EmeraldStreet now!"**  
ANNABELBANN

IF YOU'RE ENJOYING

**Emerald STREET**

PLEASE TWEET ABOUT IT!

Follow Twitter & Facebook

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## BEST FOR CREATIVE TYPES

Got a great idea for a bestseller? Starting To Write is a residential course at [Arvon](#) with tutors such as Guardian journalist Hannah Pool. The setting is a thatched house near the charmingly named village of Sheepwash in Devon (From £575).



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**[TOMORROW ON EMERALD STREET: A REGIONAL GUIDE TO YOUR WEEKEND. TELL YOUR FRIENDS](#)**

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