



## 7 Luxury Yoga Retreats in India

by *Krista Skellern* | Filed under [Live Well](#) | [Destination Guide: India](#)

INDIA – There are thousands of yoga retreats in India. After all, it is the yoga mecca of the world. Often ashrams in India are what one might consider “roughing it.” Tents and shared dorm rooms aren’t exactly everyone’s idea of a vacation. If you are looking for a luxury yoga retreat, here are the best in all of India.



*Image courtesy Shreyas Yoga Retreat*

### Shreyas Yoga Retreat

ASHTANGA YOGA, HATHA YOGA, AYURVEDA

Santoshima Farm, Gollahalli Gate, Nelamangala, Bangalore 562123, India

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Named one of the best yoga retreats in the world, Shreyas, which is located in Karnataka near Bangalore, offers a variety of classes, a rejuvenation spa, meditation sessions, and yoga taught in the typical ashram style with chanting, strict vegetarian diet, community service and a no alcohol policy. Located on a 25-acre property an hour from the Bangalore airport, the retreat center merges natural beauty and modern luxury.



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